

The Academy Grand Park ~ 2022-2023 Season ~ Girls Club Breakdown

		<u>Elite Open</u>		<u>Elite</u>				<u>Regional</u>					<u>Non-Travel</u>			
Months		November-June		November - June				November - April/May					November-March			
Age		15-18's	14's	15-18s	13-14s	12s	11s	15-17s	13-14's	12s	11s	10s	13s & 14s	11s & 12s	10s	
Tournaments	Nationals	Yes*	Yes*	Yes*	Yes*	Yes*	No*	No*	No*	No*	No	No	No	No	No	
	3 Day	3-4	2-3	2-3	2-3	1-2	0	0	0	0	0	0	0	0	0	
	2 Day	Travel	3-4	2-3	3-4	3-4	2-3	2-3	2-3	2-3	1-2	1-2	0-1	0	0	0
		Local	4-5	5-6	5-6	5-6	5-6	6-7	5-6	3-5	2-4	2-3	1-2	0	0	0
	1 Day	0-1	0-1	0-1	0-1	1-2	0-1	2-3	2-3	2-4	3-6	6-7	7-8	6-7	6-7	
	Total	11-12	11-12	10-11	10-11	10-11	10-11	10-11	10-11	9-10	9-10	9-10	7-8	6-7	6-7	
Practices	Weekday	2	2	2	2	2	2	2	2	2	2	2	2	2	2	
	Weekends	1	1	1	1	1	1	1	1	1	1	0	0	0	0	
	Total	3	3	3	3	3	3	3	3	3	3	2	2	2	2	
Uniform Package	Jersey	4	4	4	4	3	2	2	2	2	2	2	2	2	2	
	Practice T-Shirt	3	3	3	3	3	3	3	3	3	3	3	3	3	3	
	Spandex	2	2	2	2	1	1	1	1	1	1	1	1	1	1	
	Hooded Sweatshirt	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
	Warm-Up Pants	1	1	1	1	1	1	1	1	1	0	0	0	0	0	
	Knee Pads	2	1	1	1	1	1	1	1	1	1	1	1	1	1	
	Shoes	1	1	1	1	0	0	0	0	0	0	0	0	0	0	
	Backpack	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
Coaches	Head Coach	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
	Assistant Coach	1	1	1	1	1	1	1	1	1	1	1	0	0	0	
Recruiting Services		Yes	Yes	Yes	Yes	No	No	Yes	No	No	No	No	No	No	No	
Injury Screening		Yes	Yes	Yes	Yes	No	No	Yes	No	No	No	No	No	No	No	
Live Streaming Services		Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	
Hudl Video Services		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	
Statistical Analysis		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	
A Better Way		Yes	Yes	Yes	Yes	Yes	Yes	No	No	No	No	No	No	No	No	

*The Academy will be fielding teams at the 12s - 18s levels for the AAU National Championships in June. Elite team players are expected to participate with their teams in this event, however players may be released from this commitment in the event of extenuating circumstances. Regional level teams may choose to attend, if they wish.

**Recruiting Services available for an additional \$150 for age groups and levels indicated above.

***Tournaments reflect average schedule. Individual schedules may vary.