## **REGIONAL VS METRO**

## WHAT'S THE BEST FIT FOR MY ATHLETE?



## REGIONAL

**Tournament Season** January- Late April/Mid May

**Tournament Breakdown** 3-4 Travel Events 5-6 Local Events

> **Practices** 2 Weekday Practices 1 Weekend Practice

Great for athletes wanting to travel a few weekends and have a longer season!

## **METRO**

**Tournament Season** January- Mid March

**Tournament Breakdown** 5-6 Local Events All 1-Day Tournaments

> **Practices** 2 Weekday Practices

Great for spring/summer athletes who participate in track, tennis, softball!

Our **Metro** team level (formerly Non-Travel) will follow a traditional fall tryout and season structure concluding before most Spring Breaks in mid-March.