The Academy Monon Select 2023 - 24 Club Season Breakdown

Team Level		Open			Elite					Regional					Non-Travel		
Season Length		Nov. - Apr.	Nov. - Jun.		Nov. - Jun.			Nov. - Apr.		Nov. - May	Nov. - May	Nov. - Apr.		Nov. - Mar.	Nov. - Mar.		
Age		18s	14s - 17s	13s	15s - 16s	13s - 14s	12s	11s	10s	14s - 15s	13s	12s	11s	10s	13s - 14s	12s	10s - 11s
Tournament Schedule Information	Nationals	Yes	Yes	Yes	Yes	Yes	Yes	No	No	No	No	No	No	No	No	No	No
	3 Day Events	2 - 3	2 - 4	2 - 3	2 - 3	2 - 3	1 - 2	0	0	0	0	0	0	0	0	0	0
	2 Day Events (Travel)	3 - 4	3 - 4	2 - 3	2 - 3	2 - 3	2 - 3	2 - 3	2 - 3	2 - 3	2 - 3	1 - 2	1 - 2	1 - 2	0	0	0
	2 Day Events (Local)	4 - 5	4 - 5	5 - 6	4 - 5	4 - 5	4 - 6	4 - 6	4 - 6	4 - 5	4 - 5	4 - 6	2 - 3	2 - 3	1 - 2	0	0
	1 Day Events (Local)	0 -1	0 - 1	0 - 1	0 - 1	0 - 1	0 - 1	1 - 2	1 - 2	2 - 3	3 - 4	2 - 3	3 - 6	3 - 6	6 - 7	6 - 7	6 - 7
	Total Events	10 - 12	10 - 13	10 - 12	10 - 12	10 - 12	10 - 12	10 - 11	10 - 11	9 - 11	9 - 10	9 - 10	9 - 10	9 - 10	7 - 8	6 - 7	6 - 7
Training Resources	Weekly Practices	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2
	Weekend Practices	1	1	1	1	1	1	1	0	1	1	1	1	0	0	0	0
	Additional Pos. Training	1 -2 Hrs	1 - 2 Hrs	0 Hrs	1 - 2 Hrs	0 Hrs	0 Hrs	0 Hrs	0 Hrs	0 Hrs	0 Hrs	0 Hrs	0 Hrs	0 Hrs	0 Hrs	0 Hrs	0 Hrs
	Weekly Court Structure	Single	Single	Single	Shared	Shared	Shared	Shared	Shared	Hybrid	Shared	Shared	Shared	Shared	Shared	Shared	Shared
	Wknd Court Structure	Single	Single	Single	Single	Single	Single	Single	n/a	Single	Single	Single	Single	n/a	n/a	n/a	n/a
	Head Coach	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
	Assistant Coach	1	1	1	1	1	1	1	0	0	0	0	0	0	0	0	0
	Master Coach	0	0	0	0	0	0	0	0	1	1	1	1	1	1	1	1
	Court Coach	0	0	0	0	0	0	0	0	1	1	1	1	1	0	1	1
Apparel Package	Jersey	4	4	4	4	3	3	2	2	2	2	2	2	2	2	2	2
	Practice Shirts	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3
	Spandex	2	2	2	2	2	1	1	1	1	1	1	1	1	1	1	1
	Warm-up Top	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
	Warm-up Pants	1	1	1	1	1	1	0	0	0	0	0	0	0	0	0	0
	Knee Pads	1	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1
	Backpack	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
	Volleyball	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Additional Services	A Better Way	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
	Recruiting Services	Yes	Yes	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No
	HUDL	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
	Injury Screeing	Yes	Yes	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No
	NMT Program	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No